



Caythorpe Court

Lincolnshire





Welcome to PGL

- The UK's largest provider of outdoor education for young people
- Over 55 years' experience
- Fully risk assessed
- LOtC Quality Badge holder
- Founding member of BAPA
- ABTA bonded





Caythorpe Court - Lincolnshire

- 24 fantastic adventure activities to choose from
- 65 acres of beautiful grounds
- Sports pitches and lake for watersports
- Explore the 360 Virtual Tour www.pgl.co.uk/caythorpe360 to see inside the centre and view activity information and videos





The PGL difference

- Dedicated PGL 'Groupie' to provide support throughout stay
- Tailor-made programmes
- All accommodation, food, activities and instruction included
- Free evening entertainment
- 24 hour support from centre team



Multi-Activity

- 4 action-packed adventure activity sessions per day
- Evening entertainment
- Great for personal development & confidence building
- Increases motivation & appetite for learning



Adventure activities

- Abseiling
- **Aeroball**
- All Aboard
- **Archery**
- Challenge Course
- Climbing
- Fencing
- Giant Swing
- **High Ropes Course**
- Jacob's Ladder
- Kayaking
- Low Level Ropes Course
- Orienteering
- Problem Solving
- Quad Biking
- **Raft Building**
- Rifle Shooting
- **Sensory Trail**
- **Sports and Team Games**
- Survivor
- Trapeze
- Tunnel Trail
- Vertical Challenge
- **Zip Wire**



Evening entertainment

- 50/50
- Ambush
- **Campfire**
- Capture the Flag
- Cluedo
- Disco
- Get Your Own Back
- Ice Breakers
- Nightline
- Passport to the World
- Quiz
- **Robot Wars**
- Scavenger Hunt
- Splash
- Star Auction
- Talent Show
- The Cube
- Wacky Races



Accommodation

- Lodges – en suite rooms sleep 4-6
- Single occupancy blocks – en suite rooms sleep 4-6
- Frame tents on solid bases – sleep 4-6 with nearby facilities

Accommodation for Caythorpe Court can be viewed in the 360 virtual tour: www.pgl.co.uk/caythorpe360





Facilities

- 75 acres of grounds to enjoy
- Sports hall
- Football pitches & playing fields
- Lake for watersports
- On-site adventure activities
- Disco
- Shop
- Classrooms / meeting rooms



Catering and dietary needs

- 3 nutritious, balanced meals per day
- Self-service salad bar
- Vegetarian option
- Special diets catered for by prior arrangement
- Sample menus available online: www.pgl.co.uk



Health & safety

The PGL Code of Practice describes all safety and operational procedures both on and off-site including:

- Sample risk assessments
- Staff-to-pupil ratios
- Operating procedures
- Staff vetting & training
- Site security
- First Aid procedures
- Emergency procedures

www.pgl.co.uk/cop



FAQs

- Insurance
- What to take – kit list
- Valuable items – best left at home
- Pocket money – how much to take
- Deodorants – roll-on only please
- Contacting your child



Thank you for listening
Any questions?